

Frauen

| Pl. | St Nr | Name | Verein | AK | Pl. (AK) | Schwimmen | Radfahren | Laufen | Gesamt |
|-----|-------|---------------------------|----------------------------|------|----------|-----------|------------|------------|---------|
| 1 | 3036 | Anke Wilden-Beck | | TW40 | 1 | 3:45 (2) | 26:57 (1) | 14:32 (7) | 45:14 |
| 2 | 3028 | Anja Niederste-Hollenberg | | TW55 | 1 | 3:46 (3) | 29:25 (7) | 12:34 (1) | 45:45 |
| 3 | 3055 | Jette Kempe | Triathlon Team Ratingen 08 | WJUN | 1 | 4:02 (4) | 27:49 (3) | 14:00 (3) | 45:50 |
| 4 | 3032 | Hanna Tolk | | TW45 | 1 | 4:21 (5) | 27:08 (2) | 15:06 (8) | 46:35 |
| 5 | 3050 | Maren Weseloh | | TW25 | 1 | 4:54 (10) | 28:52 (6) | 13:31 (2) | 47:17 |
| 6 | 3030 | Monika Mathe | | TW45 | 2 | 4:30 (7) | 28:34 (4) | 14:28 (6) | 47:32 |
| 7 | 3049 | Annika Düren | | TW25 | 2 | 3:39 (1) | 28:49 (5) | 17:08 (14) | 49:36 |
| 8 | 3039 | Nicole Bernefeld | | TW40 | 2 | 5:19 (13) | 30:35 (10) | 14:05 (4) | 49:59 |
| 9 | 3053 | Johanna Storms | | TW20 | 1 | 5:24 (14) | 30:33 (9) | 14:20 (5) | 50:17 |
| 10 | 3051 | Anna Louisa Riedl | Triathlon Team Düsseldorf | TW25 | 3 | 5:02 (12) | 29:29 (8) | 16:44 (10) | 51:15 |
| 11 | 3052 | Lena Riese | Homberger TV | TW20 | 2 | 4:50 (9) | 33:36 (14) | 15:36 (9) | 54:02 |
| 12 | 3031 | Katja Krzysko | | TW45 | 3 | 4:24 (6) | 33:05 (12) | 16:58 (13) | 54:27 |
| 13 | 3073 | Vanessa Nickel | Schwaben-Hasi | TW35 | 1 | 4:55 (11) | 33:35 (13) | 16:54 (12) | 55:24 |
| 14 | 3044 | Charlotte Weber | Wuppi Fluppis | TW30 | 1 | 4:46 (8) | 32:44 (11) | 18:14 (16) | 55:44 |
| 15 | 3029 | Sabrina Querforth | Team Q | TW45 | 4 | 5:27 (15) | 35:27 (15) | 16:44 (11) | 57:39 |
| 16 | 3041 | Katrin Melzig | | TW35 | 2 | 5:37 (17) | 37:04 (17) | 17:19 (15) | 1:00:00 |
| 17 | 3045 | Johanna Möhle | | TW30 | 2 | 5:46 (18) | 35:35 (16) | 19:36 (17) | 1:00:57 |
| 18 | 3035 | Nicole Rinkens | | TW40 | 3 | 6:16 (19) | 38:33 (18) | 19:41 (18) | 1:04:30 |
| 19 | 3026 | Gerda Schwerger | | TW55 | 2 | 6:39 (20) | 38:39 (19) | 20:25 (19) | 1:05:43 |
| 20 | 3054 | Kimberly Schmidt | | WJUN | 2 | 5:35 (16) | 40:34 (20) | 22:20 (20) | 1:08:29 |
| aK | 3047 | Nora Köhne | | TW25 | | 4:10 () | 16:01 () | 18:43 () | 38:54 |

Männer

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|-----|-------|----------------------|----------------------------|------|----------|-----------|------------|------------|--------|
| 1 | 3066 | Christian Keller | SG Essen | TM50 | 1 | 2:30 (1) | 21:33 (2) | 10:54 (5) | 34:56 |
| 2 | 3067 | Thomas Bettger | Niispa Tri Team HADI Wesel | TM50 | 2 | 3:44 (7) | 20:46 (1) | 10:37 (3) | 35:07 |
| 3 | 3075 | Alexander Kritikos | | TM40 | 1 | 3:13 (3) | 22:51 (4) | 10:01 (2) | 36:06 |
| 4 | 3065 | Oliver Schmitz | TG Hanau | TM50 | 3 | 4:40 (12) | 23:39 (7) | 9:42 (1) | 38:01 |
| 5 | 3076 | Manuel Börner | | TM40 | 2 | 3:53 (9) | 23:28 (5) | 10:42 (4) | 38:03 |
| 6 | 3078 | Philip Wilk | | TM40 | 3 | 2:57 (2) | 22:27 (3) | 12:40 (12) | 38:04 |
| 7 | 3068 | Christian Wohlgemuth | Grün Weiß Hausdülmen | TM50 | 4 | 3:18 (4) | 23:33 (6) | 12:08 (9) | 38:59 |
| 8 | 3098 | Jos Müller | Keke Sports | TM20 | 1 | 3:48 (8) | 23:52 (9) | 11:47 (7) | 39:27 |
| 9 | 3091 | Yannik Schemann | | TM25 | 1 | 3:38 (6) | 23:43 (8) | 12:32 (11) | 39:52 |
| 10 | 3095 | Paul Lukas Schläger | SG Unterrath | TM20 | 2 | 4:52 (15) | 28:11 (11) | 11:27 (6) | 44:30 |
| 11 | 3070 | Marcus Querforth | Team Q | TM45 | 1 | 4:41 (13) | 26:57 (10) | 14:04 (16) | 45:42 |
| 12 | 3087 | Sebastian Eibel | SG Unterrath | TM30 | 1 | 4:24 (11) | 28:45 (12) | 12:41 (13) | 45:50 |
| 13 | 3058 | Dr. Andreas Jung | | TM55 | 1 | 4:53 (16) | 29:03 (14) | 12:43 (15) | 46:39 |
| 14 | 3077 | Kalid Ali | | TM40 | 4 | 5:35 (21) | 31:14 (17) | 11:48 (8) | 48:38 |

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|-----|-------|--------------------|-------------------|------|-------------|-----------|------------|------------|---------|
| 15 | 3083 | Michael Münzer | ASG Uni Bonn e.V. | TM30 | 2 | 7:18 (26) | 28:58 (13) | 12:41 (14) | 48:57 |
| 16 | 3079 | Matthias Osterfeld | SG Unterrath | TM35 | 1 | 3:37 (5) | 32:01 (18) | 14:15 (18) | 49:52 |
| 17 | 3059 | Klaus Panzer | ohne | TM55 | 2 | 5:39 (22) | 29:47 (15) | 14:36 (19) | 50:02 |
| 18 | 3080 | Damian Schürmann | | TM35 | 2 | 4:45 (14) | 32:04 (19) | 14:14 (17) | 51:03 |
| 19 | 3064 | Robert Mathe | | TM50 | 5 | 5:56 (24) | 30:32 (16) | 16:35 (24) | 53:03 |
| 20 | 3074 | Robert Stollwerk | | TM45 | 2 | 5:23 (18) | 32:32 (20) | 15:16 (21) | 53:10 |
| 21 | 3072 | Ruediger Spengler | | TM45 | 3 | 7:36 (27) | 34:19 (23) | 12:10 (10) | 54:04 |
| 22 | 3057 | Karsten Köhne | | TM55 | 3 | 5:25 (19) | 34:09 (21) | 15:32 (22) | 55:06 |
| 23 | 3071 | Thomas Dufke | SG Unterrath | TM45 | 4 | 4:59 (17) | 35:15 (24) | 14:59 (20) | 55:13 |
| 24 | 3081 | Daniel Sontopski | | TM30 | 3 | 4:13 (10) | 34:11 (22) | 20:05 (27) | 58:28 |
| 25 | 3056 | Norbert Kamp | | TM65 | 1 | 5:26 (20) | 40:13 (26) | 19:28 (26) | 1:05:07 |
| 26 | 3062 | Jörg Schwerger | | TM55 | 4 | 5:48 (23) | 39:23 (25) | 20:11 (28) | 1:05:21 |
| 27 | 3090 | Niclas Sperlinger | SG Unterrath | TM25 | 2 | 6:40 (25) | 42:12 (27) | 18:21 (25) | 1:07:12 |
| 28 | 3089 | Marcel Koziel | SG Unterrath | TM25 | 3 | 7:37 (28) | 44:18 (28) | 16:15 (23) | 1:08:10 |